



Directions for Use: Take 2 capsules daily or as recommended by your health care provider.

- Store at 15-30°C (59-86°F).
- Protect from heat, light and moisture.
- Do not purchase if seal is broken.
- Keep out of reach of children.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by: Zenith Labs
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Sleep Wave

**Supports Deeper,
More Refreshing Sleep†**

with Valerian Root & Chamomile

DOCTOR FORMULATED

DIETARY SUPPLEMENT • 60 CAPSULES

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	% DV
Magnesium (as Magnesium Aspartate)	40 mg	10%
Zinc (as Zinc Monomethionine and Zinc Aspartate)	30 mg	273%
Valerian Root Powder	100 mg	*
L-Theanine	100 mg	*
Chamomile Flower Powder	100 mg	*
Hops Flower Powder	100 mg	*
Skullcap Herb Powder	100 mg	*
Wild Lettuce (<i>Lactuca Virosa</i>) Leaf Powder	50 mg	*
Jujube (<i>Ziziphus Jujuba</i>) Fruit Powder	50 mg	*
Melatonin	3 mg	*

* Daily Value (DV) not established.

Other ingredients: Gelatin capsule, microcrystalline cellulose and magnesium stearate.